

# Connect to services that can help you

## How we can help

Children need stability to develop and grow in healthy and positive ways, even when their family faces challenges. This is particularly important in a child's early years.

Family and Child Connect is here for you if you need support. We can connect you to local services to help you:

- manage your child's behaviour
- build better family relationships
- stop violence at home
- budget and manage money
- manage alcohol, drug or gambling problems
- access housing, health care or other community or government services.

Family and Child Connect services are provided by trusted, local organisations who are experienced in working with families.

You can use this service as often as you need. There is no limit and no cost.

## What happens when you contact us?

When you contact us you will speak with an experienced family support worker who will listen to your concerns and assess your family's situation. Every family is different so, when you speak with us, you will get advice and support specific to your situation.

We may be able to help you in just one phone call, either by offering advice or referring you to a support service. We could also arrange to visit you at home – or at a safe place – to talk. When it is necessary, we can quickly link families to domestic and family violence services.

## How you can help others

Are you worried about someone else, such as your adult children, grandchildren, a family at school, or a friend at work? You can also help them get the support they need.

Start a conversation with them and encourage them to contact Family and Child Connect on 13 32 64 for advice and support. It might be their first step to getting the help they need.

## Contact us

Children thrive when their parents have the support they need. At Family and Child Connect, we know that with the right guidance you can get through life's challenges and support your children to develop in healthy and positive ways.

Our service is confidential, free and worth the call.

**Phone: 13 32 64**

**Website: [familychildconnect.org.au](http://familychildconnect.org.au)**

## Your local Family and Child Connect service is:

.....

.....

.....



## Do you need an interpreter?

If you need an interpreter, we can organise one for free. Call us on **13 32 64** and tell us what language you need.

Funded by

